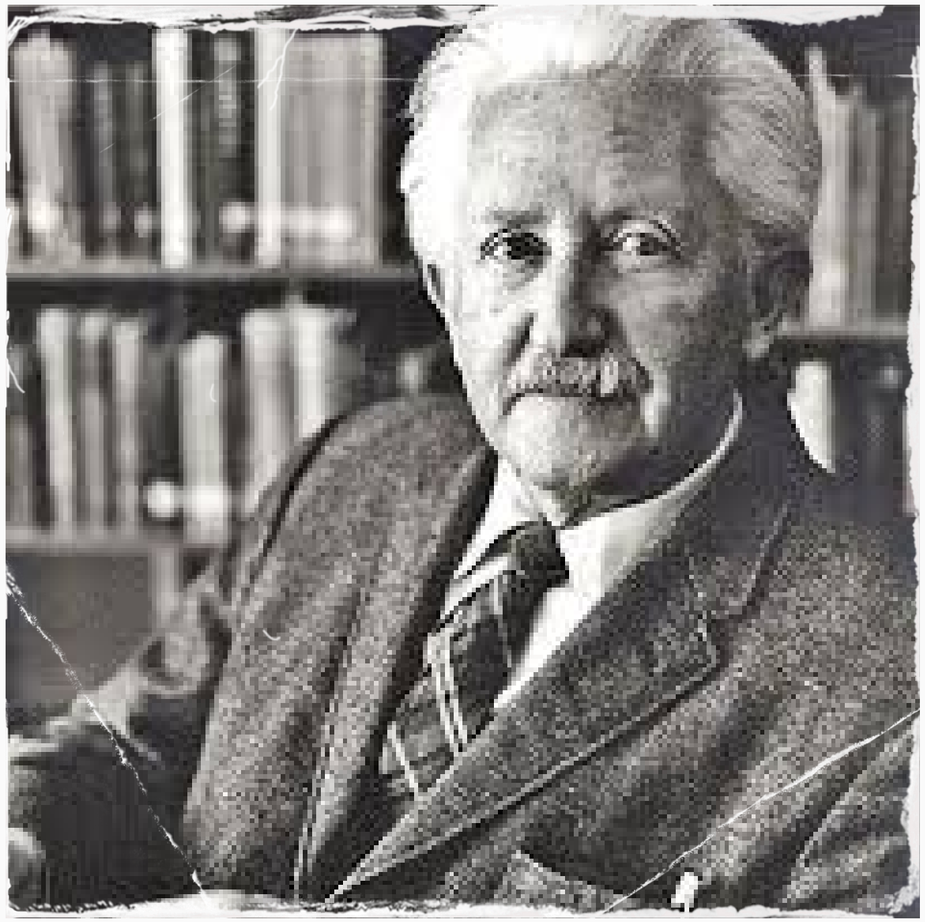
ERIKSON'S THEORY OF PSYCHOSOCIAL DEVELOPMENT

PRESENTATION BY SYDNEY GARCIA

BIOGRAPHICAL SKETCH



- ERIK ERIKSON WAS BORN IN GERMANY IN 1902 AND LIVED UNTIL 1994.
- ERIKSON UNDERWENT FREUDIAN TRAINING AT THE VIENNA PSYCHOANALYTIC INSTITUTE.
- HIS TRAINING INCLUDED LEARNING DIRECTLY FROM FREUD AND ANNA FREUD.
- HIS STUDIES COVERED MANY DOMAINS INCLUDING CHILD-REARING, PLAY, COMBAT CRISES, ADOLESCENT IDENTITY CRISES, ETC.
- HIS PSYCHOSOCIAL THEORY EXPANDED UPON FREUD'S PSYCHOANALYTIC WORK.

REFERENCE: (MILLER, 2016)

GENERAL ORIENTATION

ACCORDING TO ERIKSON, INDIVIDUALS LIVES CAN BE DIVIDED INTO A SERIES OF EIGHT PSYCHOSOCIAL CRISES.

PSYCHOSOCIAL CRISIS- A TENSION CAUSED BY A TEMPORARY IMBALANCE BETWEEN AN INDIVIDUALS ABILITIES AND SOCIETAL EXPECTATIONS

ERIKSON POSED THAT THESE CRISES UNFOLD ACCORDING TO THE EPIGENETIC PRINCIPLE (A BIOLOGICAL PLAN THAT CAUSES CRISES TO ARISE IN A UNIVERSAL PATTERN AMONG INDIVIDUALS).

INDIVIDUALS SEEK TO RESOLVE EACH CRISIS WITHIN THEIR RADIUS OF SIGNIFICANT RELATIONSHIPS. THESE RELATIONSHIPS COMMUNICATE EXPECTATIONS AND INFLUENCE HOW CRISES ARE EXPERIENCED.

POSITIVE RESOLUTION OF A CRISIS -> PRIME ADAPTIVE EGO QUALITIES.

PRIME ADAPTIVE EGO QUALITIES- ADAPTIVE CAPACITIES THAT INCREASE INDIVIDUALS ABILITY TO MEET THE DEMANDS OF LATER STAGES

NEGATIVE RESOLUTION OF A CRISIS -> CORE PATHOLOGIES

CORE PATHOLOGIES - MALADAPTIVE ORIENTATIONS THAT DECREASE INDIVIDUALS ABILITY TO SUCCESSFULLY RESOLVE LATER CRISES.

REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

ERIKSON'S PSYCHOSOCIAL STAGES

01. BASIC TRUST V. BASIC MISTRUST

02. AUTONOMY V. SHAME AND DOUBT

03. INITIATIVE V. GUILT

04. INDUSTRY V. INFERIORITY

05. IDENTITY V. ROLE CONFUSION

06. INTIMACY V. ISOLATION

07. GENERATIVITY V. STAGNATION

08. INTEGRITY V. DESPAIR

REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

BASIC TRUST V. BASIC MISTRUST

ROUGLY BIRTH- FIRST YEAR

- IN THEIR FIRST YEAR, INFANTS DEVELOPMENTAL GOAL IS TO GAIN A SENSE OF BASIC TRUST
- BASIC TRUST INCLUDES BOTH TRUST OF SELF AND OTHERS
- SOME MISTRUST IS NOT CONCERNING
- TRUST IS FACILITATED BY MEETING INFANTS NEEDS
- PRIME ADAPTIVE EGO QUALITY = HOPE
- CORE PATHOLOGY = WITHDRAWAL



REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

AUTONOMY V. SHAME AND DOUBT

ROUGLY TWO TO THREE YEARS



- THE DEVELOPMENTAL GOAL OF TODDLERS IS TO BUILD A STRONG SENSE OF AUTONOMY
- AUTONOMY IS SUPPORTED BY AN ENCOURAGING ENVIRONMENT
- SHAME AND DOUBT ARE MORE LIKELY TO DEVELOP IF THE TODDLER GAINED AN UNFAVORABLE RATIO OF TRUST V. MISTRUST IN THE PREVIOUS STAGE
- PRIME ADAPTIVE EGO QUALITY = WILL
- CORE PATHOLOGY = COMPULSION

REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

INITIATIVE V. GUILT

ROUGHLY FOUR TO FIVE YEARS

- YOUNG CHILDREN'S INITIATIVE IS SUPPORTED BY ADVANCES IN THEIR "MOBILITY, PHYSICAL DEXTERITY, LANGUAUGE, COGNITION , AND IMAGINATION" (MILLER, 2016, P.141)
- IDENTIFICATION WITH PARENTS IS CRUCIAL TO THIS STAGE
- PRIME ADAPTIVE EGO QUALITY = PURPOSE
- CORE PATHOLOGY = INHIBITION



REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

INDUSTRY V. INFERIORITY

ROUGHLY SIX YEARS TO PUBERTY



- IN THIS STAGE, CHILDREN DESIRE COMPLETE TASKS SUCCESSFULLY
- EXPERIENCES OF SUCCESS ENHANCE FEELINGS OF COMPETENCE AND INDUSTRY
- FAILURE TO DO THINGS WELL LEADS TO FEELINGS OF INFERIORITY
- SCHOOL IS AN ENVIRONMENT OF GREAT INFLUENCE
- PRIME ADAPTIVE EGO QUALITY = COMPETENCE
- CORE PATHOLOGY = INERTIA

REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

IDENTITY V. ROLE CONFUSION

ADOLESCENCE



- ADOLESCENTS EXPERIMENT WITH DIFFERENT IDENTITIES DURING THIS STAGE
- FOR INSTANCE, THEY MAY TRY OUT DIFFERENT STYLES, JOIN A CLUB OR SPORT, QUESTION THEIR RELIGIOUS VALUES, ETC.
- THE DEVELOPMENT OF IDENTITY CAN MORE DIFFICULT FOR INDIVIDUALS FACING STIGMA OR DISCRIMINATION
- PRIME ADAPTIVE EGO QUALITY = FIDELITY
- CORE PATHOLOGY = DISSOCIATION AND REPUDIATION

REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

MECHANISMS OF DEVELOPMENT

- PSYCHOSOCIAL CRISES
- TENSION FROM INTERNAL AND EXTERNAL SOURCES
- EPIGENETIC PRINCIPLE
- DRIVES, ATTACHMENT, AND IDENTIFICATION
- RITUALS
- PLAY

REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

POSITION ON DEVELOPMENTAL ISSUES

HUMAN NATURE

- HUMANS ACTIVELY SEEK A POSITIVE SENSE OF IDENTITY
- HUMANS DEVELOP WITHIN THE CONTEXT OF THEIR CULTURE.

QUALITATIVE V. QUANTITATIVE

- PSYCHOSOCIAL THEORY IS MOSTLY QUALITATIVE DUE TO ITS PROPOSAL OF STAGE-RELATED CHANGES
- HOWEVER, THE THEORY DOES HAVE QUANTITATIVE ASPECTS

NATURE V. NURTURE

- BOTH NATURE AND NURTURE ARE RELEVANT
- NATURE DETERMINES WHICH CONFLICT ARISES DUE TO PHYSICAL MATURATION
- NURTURE INFLUENCES THE WAY INDIVDUALS EXPERIENCE AND RESOLVE THE CRISIS

WHAT DEVELOPS

- ACCORDING TO ERIKSON, IDENTITY DEVELOPS WHICH "GIVES COHERENCE TO ONE'S PERSONALITY" (MILLER, 2016, P.145).

REFERENCE: (MILLER, 2016)

APPLICATIONS

ERIKSON'S THEORY OF PSYCHOSOCIAL DEVELOPMENT HAS BEEN APPLIED BROADLY TO DOMAINS INCLUDING:

- CHILD-REARING
- COUNSELING
- CAREER COUNSELING
- EDUCATION
- ADOLESCENT IDENTITY CRISIS RESEARCH
- LEADERSHIP TRAINING
- ADJUSTMENT OF SOLDIERS
- INTERGENERATIONAL AND INTER-RACE RELATIONS

REFERENCE: (MILLER, 2016) & (NEWMAN & NEWMAN, 2022)

EVALUATION OF THE THEORY

STRENGTHS

- EXPANDS UPON AND ADDS DIMENSION TO FREUD'S PSYCHOANALYTIC THEORY
- EMPHASIZES SOCIAL INFLUENCES ON DEVELOPMENT
- COVERS THE ENTIRE LIFE SPAN
- PROVIDES A FRAMEWORK FOR POSITIVE DEVELOPMENT
- OFFERS A DYNAMIC AND INTEGRATED VIEW OF DEVELOPMENT
- APPLICABLE IN MANY DIFFERENT CONTEXTS

WEAKNESSES

- IT IS DIFFICULT TO SYSTEMATICALLY TEST ERIKSON'S IDEAS.
- MORE CLARITY IS NEEDED ON HOW THE THEORY'S MECHANISMS OF DEVELOPMENT OPERATE.
- MORE DETAIL IS NEEDED ON SPECIFIC EXPERIENCES THAT LEAD TO POSITIVE AND NEGATIVE CRISIS RESOLUTION
- THE STAGES ARE CRITICIZED AS NOT BE APPLICABLE TO EVERY CULTURE

REFERENCES

Miller, P. (2016). *Theories of developmental psychology* (6th ed.). New York, NY: Worth.

Newman, B. M., & Newman, P. R. (2022). *Theories of human development* (3rd ed.).Routledge.